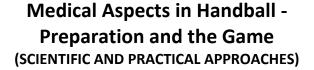


# FIFTH ANNOUNCEMENT





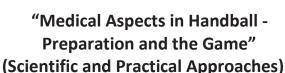
# **BUCHAREST (ROMANIA), NOVEMBER 13-14, 2015**

The European Handball Federation (EHF) & The Union of University Handball Teachers (UUHT)



kindly invite you to

# the 3rd EHF Scientific Conference







#### **Conference News**

With reference to the conference basics (compare 1<sup>st</sup>- 4<sup>th</sup> Announcement) we want to inform you on the current state of the conference preparations:

- 2 Keynotes have been adopted by the Preparatory Conference Committee
- 47 abstracts for article publication have been received
  - 25 for oral presentation\*
  - 12 for poster presentation
  - 10 for publication in the 3<sup>rd</sup> EHF Scientific Conference Book
- 1 Medical Minisymposium consisting of oral presentations by a group of sport physicians (including Mr. Lior Laver/ISR and Mr. Jesper Bencke/DEN and ESSKA experts) has been adopted by the Preparatory Conference Committee

\*The authors of the abstracts will be contacted individually by the Preparatory Conference Committee concerning oral presentations.

Please note that the time available for each oral presentation is 15 minutes. Each speaker will have 15 minutes at his/her disposal: 10 minutes for the presentation, and 5 minutes for discussion.

A booklet with all the abstracts will be provided to all Conference participants at the accreditation desk prior to the Conference. The EHF Scientific Conference 2015 Book of Articles (conference documentation), which will be published after the Conference, will include the full articles of the medical mini-symposium, of all oral and poster presentations, as well as ten additional articles that have been provided but will not be presented at the Conference. The Book of Articles will be published with the following International Standard Book Number (ISBN): 978-3-9503311-2-7

The Organisational Committee would like to thank all authors and co-authors for their article contributions.

#### **Social Media**

There will be extensive social media coverage throughout the conference. Updates on the event will be posted on the EHF CAN Facebook page, <a href="https://www.facebook.com/EHFCan">https://www.facebook.com/EHFCan</a>, and on the EHF Media Twitter account, <a href="www.twitter.com/EHF">www.twitter.com/EHF</a>. Everyone can get involved in the online discussions through the official hashtag, #ehfSC. Participants are encouraged to be active online in the build-up and during the event and by doing so spreading news of the conference to a wider audience.

#### **Dinner invitation**

All participants are warmly invited to an after-works dinner by the EHF, on Friday evening 13<sup>th</sup> November, at 20:00 in Hotel Intercontinental Restaurant.

#### **Conference Venue**

The Conference will be held at Hotel Intercontinental in Bucharest/ROU on 13/14 November 2015.

Hotel INTERCONTINENTAL	4 Nicolae Balcescu Blvd., 010051,	
Bucharest	Bucharest 1	
	Tel.: +40 21 310 20 20	
	e-mail:	bucharest.sales@ihg.com
	Website:	www.intercontinental.com/bucharest

## Accommodation

The participants are free to choose accommodation in or around Bucharest in the vicinity of the Conference venue.

Please note that room reservations can also be made directly at the Hotel Intercontinental (= conference venue)!

## **Participation Fee**

The Participation Fee (also including the Conference Print Documentation of submitted articles) is subsidized by the EHF and amounts **EUR 50.**- The members of the Union of University Handball Teachers as well as EHF Lecturers do not have to pay any participation fee.

The Participation Fee of € 50.- contains

- · Admission to plenary and parallel sessions
- Publishing selected abstracts/ articles

- Proceedings of the Conference
- Conference material (programme, conference print documentation)
- Certificate of participation
- Coffee or tea during the breaks

## Payments shall be made to:

EUROPEAN HANDBALL FEDERATION Hoffingergasse 18, A-1120 Vienna

Tel +43 1 80151 0 Fax +43 1 80151 149 www.eurohandball.com , office@eurohandball.com

Bank Account: Bank Austria, bank code: 12000, account no: Nr. 00640 000 204

IBAN: AT46 1200 0006 4000 0204, BIC: BKAUATWW DVR 0856371 ZVR 263489108 UID/VAT ATU 38516405

Guidelines for Abstracts, Presentations (oral or poster) and Articles → See Enclosure!

## **Key Dates of the Conference**

Deadline for full text of article for monograph

Days of Conference

16.10.2015 13.-14.11.2015

The publication of an abstract/ article is included in the participation fee. If you are not able to attend the Conference, please, note that publishing one article will cost € 30, two articles € 40 and three articles € 50.

## **Preliminary Programme**

CONFERENCE PROGRAMME			
FRIDAY, 13th November 2015			
11:00-13:00	Accreditation		
13:00-14:15	Conference Opening: Welcome Notes by the EHF President Jean Brihault and MC		
	Chairman Jerzy Eliasz		
Keynotes (2x20min)Laver/ISR The importance and merits of scientific collaborations in the Handball			
world – It's a team sport!			
<b>Sobrino</b> European Network for the promotion of health, social inclusion and equality through sports in			
aquatic environments / EU-H2O with particular reference to Beach Handball			
14:15-14:40	Coffee Break		
14:40-17:30	ESSKA Medical Mini-Symposium on Handball Injuries, Prevention and Return to		
	Sport (Chairs: R. Seil - LUX, L. Laver - ISR)		
14:40-14:45	Romain Seil LUX: ESSKA sports committee introduction		
14:45-15:05	Lior Laver ISR: Epidemiology of Handball Injuries		
15:05-15:25	Romain Seil LUX: Knee Injuries in Handball		
15:25-15:45	Philippe Landreau FRA: Shoulder Injuries in Handball		
15:45-16:05	Pietro Spennacchio ITA: Ankle injuries in Handball		
16:05-16:25	Helder Pereira POR: Guidelines and return to sport after meniscal repair and chondral		
	procedures		
16:25-16:45	Jesper Bencke DEN: Injury mechanisms and biomechanical perspectives for		
	prevention in Handball		
16:45-17:05	Philippe Landreau FRA: Shoulder rehabilitation for Handball		

17:05-17:25	Mischa Van Stee NED: Lower extremity rehabilitation for Handball			
17:25-17:30	Panel discussion / summing up			
17:30-17:45	Break			
	ROOM 1 (Big) Performance	Room 2 (small): Medical symposium part II		
17:45-18:00	Michalsik DEN: Preparation and	Bakowski POL: Meniscal wrapping regeneration		
	training of elite team handball	technique is the efficient tool to save the		
	players	meniscus in the young athletes		
18:00-18:15	Ichimura JPN: Clarification of	Ciemniewska-Gorzela POL : Fully arthroscopic		
	attacking aspects in ()	knee autologous matrix-induced		
		chondrogenesis- 2 Years Results		
18:15-18:30	Hermassi TUN: Effect of in-season	Grygorowicz POL: Functional recovery after one-		
	explosive strength ()	side all-arthroscopic AMIC femoral condyle		
		cartilage repair – a soccer cases series study		
18:30-19:45	Michalsik DEN: Post-exercise	Hoffmann LUX : Unusual tibial plateau fracture		
	recovery techniques and	in relation with knee brace in handball: a case		
18:45-19:00	strategies in elite team handball	study		
18:45-19:00	van den Tillar NOR: Comparison of ROM tests with throwing	Ciemniewska-Gorzela POL: Full arthroscopic autologous matrix-induced chondrogenesis for		
	performance and kinematics ()	talus cartilage defect		
19:00 -19:15	Ciocoiu ROU: Prevention in	Bakowski POL : Minimal invasive endoscopic		
15.00 -15.15	modern handball	technique for Achilles tendon reconstruction		
	modern nandadii	teenings for Alexander Teedings action		
20:00	Dinner			
SATURDAY, 14th November 2015				
ROOM 1 (Plenary) Shoulder injuries				
08:45 - 09:00	Lubiatowski : Larger glenohumeral rotation deficits ()			
09:00 - 09:15	Lubiatowski POL: Shoulder Rotational Profile and Occurrence of Rotation Deficits ()			
09:15-09:30	Kaczmarek POL: Throwing sport improves shoulder proprioception			
09:30-09:45	Kaczmarek POL : Shoulder isokinetic muscle performance in male ()			
09:45-10:00	Wagner AUT: Shoulder stress in different team-handball throwing techniques			
10:00-10:15	Bencke DEN: Effect of fatigue on scapula kinematics in handball			
10:15-10:30	Grygorowicz : Shoulder injury prevention exercises in overhead athletes ()			
10:30-11:15	Coffee Break & Posters			
	Handball injuries: epidemiology, management and return to sport			
	Lubiatowski POL: Sport Injury and Overuse Surveillance in Handball ()			
11:15-11:30		· · ·		
11:30-11:45	Classon SWE: 'Rehab can wait' – Sw	edish handball players ()		
11:30-11:45 11:45-12:00	Classon SWE: 'Rehab can wait' – Sw van Maanen-Coppens NED: Decreas	edish handball players () e of elbow pain in handball goalkeepers ()		
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# **Conference Secretariat**

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