



FIFTH ANNOUNCEMENT

Medical Aspects in Handball - Preparation and the Game (SCIENTIFIC AND PRACTICAL APPROACHES)



BUCHAREST (ROMANIA), NOVEMBER 13-14, 2015

The European Handball Federation (EHF) & The Union of University Handball Teachers (UUHT)



kindly invite you to

the 3rd EHF Scientific Conference

**“Medical Aspects in Handball -
Preparation and the Game”
(Scientific and Practical Approaches)**



Conference News

With reference to the conference basics (compare 1st- 4th Announcement) we want to inform you on the current state of the conference preparations:

- 2 Keynotes have been adopted by the Preparatory Conference Committee
- 47 abstracts for article publication have been received
 - 25 for oral presentation*
 - 12 for poster presentation
 - 10 for publication in the 3rd EHF Scientific Conference Book
- 1 Medical Minisymposium consisting of oral presentations by a group of sport physicians (including Mr. Lior Laver/ISR and Mr. Jesper Bencke/DEN and ESSKA experts) has been adopted by the Preparatory Conference Committee

*The authors of the abstracts will be contacted individually by the Preparatory Conference Committee concerning oral presentations.

Please note that the time available for each oral presentation is 15 minutes. Each speaker will have 15 minutes at his/her disposal: 10 minutes for the presentation, and 5 minutes for discussion.

A booklet with all the abstracts will be provided to all Conference participants at the accreditation desk prior to the Conference. The EHF Scientific Conference 2015 Book of Articles (conference documentation), which will be published after the Conference, will include the full articles of the medical mini-symposium, of all oral and poster presentations, as well as ten additional articles that have been provided but will not be presented at the Conference. The Book of Articles will be published with the following International Standard Book Number (ISBN): 978-3-9503311-2-7

The Organisational Committee would like to thank all authors and co-authors for their article contributions.

Social Media

There will be extensive social media coverage throughout the conference. Updates on the event will be posted on the EHF CAN Facebook page, <https://www.facebook.com/EHFCan> , and on the EHF Media Twitter account, www.twitter.com/EHF. Everyone can get involved in the online discussions through the official hashtag, #ehfSC. Participants are encouraged to be active online in the build-up and during the event and by doing so spreading news of the conference to a wider audience.

Dinner invitation

All participants are warmly invited to an after-works dinner by the EHF, on Friday evening 13th November, at 20:00 in Hotel Intercontinental Restaurant.

Conference Venue

The Conference will be held at **Hotel Intercontinental in Bucharest/ROU on 13/14 November 2015.**

Hotel INTERCONTINENTAL Bucharest	4 Nicolae Balcescu Blvd., 010051, Bucharest 1 Tel.: +40 21 310 20 20 e-mail: bucharest.sales@ihg.com Website: www.intercontinental.com/bucharest
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Accommodation

The participants are free to choose accommodation in or around Bucharest in the vicinity of the Conference venue.

Please note that room reservations can also be made directly at the Hotel Intercontinental (= conference venue)!

Participation Fee

The Participation Fee (also including the Conference Print Documentation of submitted articles) is subsidized by the EHF and amounts **EUR 50.-** The members of the Union of University Handball Teachers as well as EHF Lecturers do not have to pay any participation fee.

The Participation Fee of € 50.- contains

- Admission to plenary and parallel sessions
- Publishing selected abstracts/ articles

- Proceedings of the Conference
- Conference material (programme, conference print documentation)
- Certificate of participation
- Coffee or tea during the breaks

Payments shall be made to:

EUROPEAN HANDBALL FEDERATION Hoffingergasse 18, A-1120 Vienna

Tel +43 1 80151 0 Fax +43 1 80151 149 www.eurohandball.com , office@eurohandball.com

Bank Account: Bank Austria, bank code: 12000, account no: Nr. 00640 000 204

IBAN: AT46 1200 0006 4000 0204, BIC: BKAUATWW

DVR 0856371 ZVR 263489108 UID/VAT ATU 38516405

Guidelines for Abstracts, Presentations (oral or poster) and Articles → See Enclosure!

Key Dates of the Conference

Deadline for full text of article for monograph

16.10.2015

Days of Conference

13.-14.11.2015

The publication of an abstract/ article is included in the participation fee. If you are not able to attend the Conference, please, note that publishing one article will cost € 30, two articles € 40 and three articles € 50.

Preliminary Programme

CONFERENCE PROGRAMME	
FRIDAY, 13th November 2015	
11:00-13:00	Accreditation
13:00-14:15	Conference Opening: Welcome Notes by the EHF President Jean Brihault and MC Chairman Jerzy Elias
Keynotes (2x20min) <i>Laver/ISR The importance and merits of scientific collaborations in the Handball world – It's a team sport!</i> Sobrino <i>European Network for the promotion of health, social inclusion and equality through sports in aquatic environments / EU-H2O with particular reference to Beach Handball</i>	
14:15-14:40	Coffee Break
14:40-17:30	ESSKA Medical Mini-Symposium on Handball Injuries, Prevention and Return to Sport (Chairs: R. Seil - LUX, L. Laver - ISR)
14:40-14:45	Romain Seil LUX: ESSKA sports committee introduction
14:45-15:05	Lior Laver ISR: Epidemiology of Handball Injuries
15:05-15:25	Romain Seil LUX: Knee Injuries in Handball
15:25-15:45	Philippe Landreau FRA: Shoulder Injuries in Handball
15:45-16:05	Pietro Spennacchio ITA: Ankle injuries in Handball
16:05-16:25	Helder Pereira POR: Guidelines and return to sport after meniscal repair and chondral procedures
16:25-16:45	Jesper Bencke DEN: Injury mechanisms and biomechanical perspectives for prevention in Handball
16:45-17:05	Philippe Landreau FRA: Shoulder rehabilitation for Handball

17:05-17:25	Mischa Van Stee NED: Lower extremity rehabilitation for Handball	
17:25-17:30	Panel discussion / summing up	
17:30-17:45	Break	
	ROOM 1 (Big) Performance	Room 2 (small): Medical symposium part II
17:45-18:00	Michalsik DEN: Preparation and training of elite team handball players	Bakowski POL: Meniscal wrapping regeneration technique is the efficient tool to save the meniscus in the young athletes
18:00-18:15	Ichimura JPN: Clarification of attacking aspects in (...)	Ciemniewska-Gorzela POL : Fully arthroscopic knee autologous matrix-induced chondrogenesis- 2 Years Results
18:15-18:30	Hermassi TUN: Effect of in-season explosive strength (...)	Grygorowicz POL: Functional recovery after one-side all-arthroscopic AMIC femoral condyle cartilage repair – a soccer cases series study
18:30-19:45	Michalsik DEN: Post-exercise recovery techniques and strategies in elite team handball	Hoffmann LUX : Unusual tibial plateau fracture in relation with knee brace in handball: a case study
18:45-19:00	van den Tillar NOR: Comparison of ROM tests with throwing performance and kinematics (...)	Ciemniewska-Gorzela POL: Full arthroscopic autologous matrix-induced chondrogenesis for talus cartilage defect
19:00 -19:15	Ciociu ROU: Prevention in modern handball	Bakowski POL : Minimal invasive endoscopic technique for Achilles tendon reconstruction
20:00	Dinner	
SATURDAY, 14th November 2015		
ROOM 1 (Plenary) Shoulder injuries		
08:45 - 09:00	Lubiatowski : Larger glenohumeral rotation deficits (...)	
09:00 - 09:15	Lubiatowski POL: Shoulder Rotational Profile and Occurrence of Rotation Deficits (...)	
09:15-09:30	Kaczmarek POL: Throwing sport improves shoulder proprioception	
09:30-09:45	Kaczmarek POL : Shoulder isokinetic muscle performance in male (...)	
09:45-10:00	Wagner AUT: Shoulder stress in different team-handball throwing techniques	
10:00-10:15	Bencke DEN: Effect of fatigue on scapula kinematics in handball	
10:15-10:30	Grygorowicz : Shoulder injury prevention exercises in overhead athletes (...)	
10:30-11:15	Coffee Break & Posters	
	Handball injuries: epidemiology, management and return to sport	
11:15-11:30	Lubiatowski POL: Sport Injury and Overuse Surveillance in Handball (...)	
11:30-11:45	Classon SWE: ‘Rehab can wait’ – Swedish handball players (...)	
11:45-12:00	van Maanen-Coppens NED: Decrease of elbow pain in handball goalkeepers (...)	
12:15-12:30	Urhausen LUX: Anterior Cruciate Ligament clinical pathway	
12:30-12:45	Hoffmann LUX : Return to sports group LUX	
12:45-13:15	Final Discussion: Laver & Bencke	
13:15-13:45	Closing & Awarding of Certificates	

Conference Secretariat

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